

LONDON

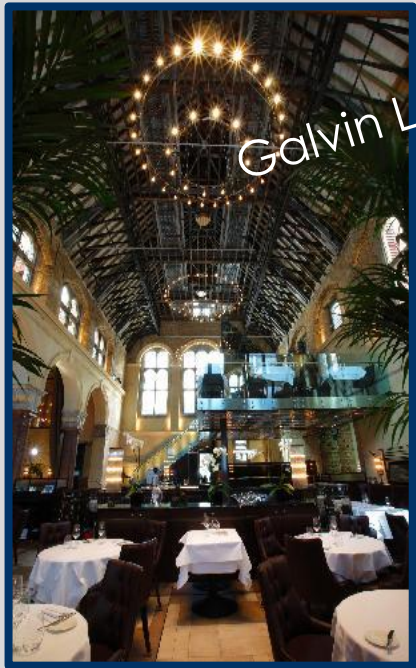
BY
Travel By Tummy

CASE STUDY

- A member is planning to take his wife to London this weekend for their **1st wedding anniversary**. They live up in Manchester and he wants to treat her to **a very special weekend in London** together and he wants to take her to an **impressive restaurant that is romantic on the Saturday night**.
- The couple's **first holiday together was to Paris** and he would somehow like to **incorporate a romantic French restaurant into their weekend** together to remind his wife of this trip. The member's wife works in fashion and enjoys the **more 'trendy' restaurants** in London, so the member is keen to have some suggestions that incorporate her tastes too, **not just solely French food**.
- He is **looking to book dinner and lunch across the weekend**. He knows that this is short notice but is hoping we can use our sway to secure him a great reservation and make the weekend memorable. He would also like **some bar suggestions for pre or post dinner drinks across the weekend near to each restaurant**.

RESTAURANT SUGGESTIONS

- **Galvin La Chapelle** – Elegant Micheline starred French restaurant inside a St Botolph's Hall dating back to 1800's the – Spitalfields. **Good for; romance, grand setting, Michelin dining,** <https://www.galvinrestaurants.com/section/61/1/galvin-la-chapelle>
- **Duck and Waffle** – Heron tower, 40th floor. **Good for; small plates, views, 24/7 dining, Brunch/Breakfast/Dinner** – Bishopsgate - <https://duckandwaffle.com/>
- **Sushi Samba** – Heron tower 39th floor below Duck and Waffle, Asian/Brazilian fusion food. **Good for; buzzy atmosphere, outdoor terrace bar, seafood** – Bishopsgate. <https://sushisamba.com/>
- **Clos Maggiore** – Intimate romantic French restaurant, under canopy of trees – Covent Garden. **Good for; romance, French cuisine, intimate setting, central location** <http://www.closmaggiore.com/> Request a table in the conservatory



Galvin La Chapelle



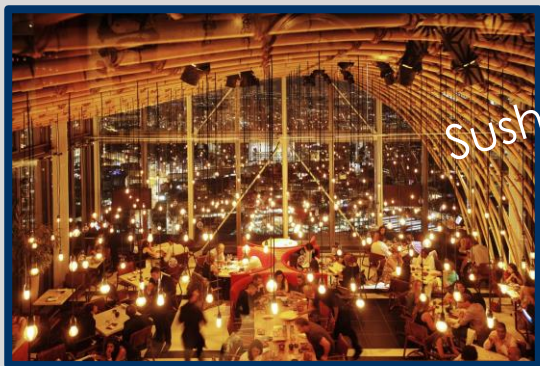
Duck and Waffle



Clos Maggiore



Clos Maggiore



Sushi Samba



Sushi Samba

RESTAURANT SUGGESTIONS

- **Social Eating House** – Informal high end contemporary dining and a sundae bar by Jason Atherton – Soho. **Good for; informal, Michelin dinning, English/European food, Sundae's,** <http://www.socialeatinghouse.com/?floor=58>
- **Duck and Rice** – Chinese restaurant and pub. Trendy downstairs pub and restaurant upstairs. **Good for; informal, Chinese, dim sum, beer, drink selection, pub and restaurant, Central location.** Get the 2 person booths by the windows – Soho <http://www.theduckandrice.com/>
- **Rabot 1745** - (Hotel Chocolat café and restaurant) Informal terrace over looking buzzy Borough Market. **Good for; lunch, Afternoon Tea, terrace, chocolate, cocoa infusions, bubbles, informal, café, trip to the market.** London Bridge - <http://www.hotelchocolat.com/uk/restaurants/rabot-1745> If weather allows sit on the Terrace to watch the Market below.
- **Sexy Fish** – Trendy Pan Asian fish and seafood restaurant. **Good for; Seafood, trendy, lively, cocktail bar – Mayfair** <http://www.sexyfish.com/>



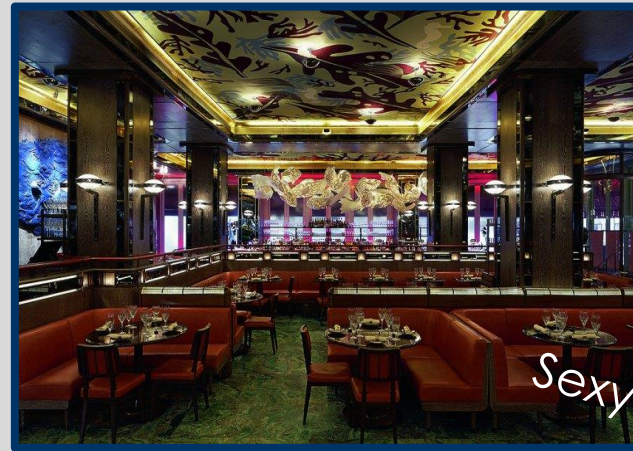
Social Eating House



Rabot 1945



The Duck and Rice



Sexy Fish



RESTAURANT SUGGESTIONS

- **Blacklock** – Good for; casual, brunch, trendy, meat, steak, Sunday Roasts, cocktails – Soho <http://theblacklock.com/> book ahead for Sunday lunch.
- **Chiltern Firehouse** – Trendy contemporary European restaurant with American accent. Good for; trendy, star spotting – Marylebone <http://www.chilternfirehouse.com/restaurant/luxury-london-restaurant>

Chiltern Firehouse



Blacklock



BAR SUGGESTIONS



Mr Fogg's

- **The Blind Pig** (at The Social Eating House) – Intimate bar over a Michelin star restaurant – Soho.
<http://www.socialeatinghouse.com/?floor=bar>
- **Opium** – Dim sum and cocktail bar in the style of an opium den – Chinatown.
<http://www.opiumchinatown.com/>
- **Mr Fogs Gin Parlour** – Vintage style Gin Parlour above Victorian pub - Leicester Square. <https://mr-foggs.com/gin-parlour/>
- **Duck and Waffle** – Swanky cocktail bar on the 39th floor with great views. Gets busy. Book ahead or get there early – Bishopsgate.
<https://duckandwaffle.com/duckpost/blog/duck-waffle-bar-stars-on-the-rise/>



The blind Pig



Duck and Waffle



Opium

BAR SUGGESTIONS

- **Milroys' of Soho** – Whisky shop and bar. Casual, inconspicuous cellar bar - Soho
<http://www.socialeatinghouse.com/?floor=bar>
- **Spitalfields Bar** – Trendy bar at Hawksmoor – Spitalfields, East London. Great bar snacks and cocktails
<http://thehawksmoor.com/locations/spitalfields-bar/>
- **Bar Americain** – Basement bar in French Brasserie. Casual, Cocktails - Soho
<https://www.brasseriezedel.com/bar-amicain>



THE FRENCH TOUCHES

- **London Borough Market** – various food stalls to sample - London Bridge
<http://boroughmarket.org.uk/>
- 'Stumble' by any of the following **pâtisseries** to buy her some truly French treats. Or perhaps pick some up/get them delivered to the hotel for arrival or for breakfast.
 - **Maison Bertaux** - Casual generous rustic French café and art gallery. Oldest patisserie in London, authentic French – Soho
http://www.maisonbertaux.com/maisonbertaux.com/Maison_Bertaux.html
 - **La Pâtisserie des Rêves** – Delicate beautifully crafted French patisseries – Mayfair
<http://lapatisseriedesreves.com/en/>
 - **Laduree** – Parisian patisserie serving Macaroons along with other treats - Covent Garden
https://www.laduree.com/en_gb/



SUGGESTED PAIRINGS

- **The following are some suggested pairings you can use. The list is very much mix and match and you can put together how you see fit.**

Friday, Soho:

- Pre drink – Pub. Duck and Rice, downstairs or Milroy's
- Dinner Restaurant - Duck and Rice, Upstairs
- Post drink – Opium

or

- Pre drink. Bar -The Blind Pig, Upstairs or Milroy's
- Restaurant - The Social Eating House, Downstairs

Tip: Wander through Chinatown and stop at some Chinese bakery's and pick up some custard buns or stop at Maison Bertaux for some pasties (shuts at 10pm)

Saturday:

Breakfast, East London

- Duck and Waffle

Or

Breakfast, Soho

- Maison Bertaux

Lunch, London Bridge:

- Restaurant - Afternoon tea or Lunch at Rabot 1745
- Followed by - wandering Borough Market.

Dinner, French influence:

East London/Shoreditch:

- Bar - Pre drinks, Duck and Waffle 39th Floor, Heron Tower.
- Restaurant - Galvin La Chapelle, short walk.
- Bar - Post drink, Spitalfields Bar

Or

Dinner, Central/Covent Garden:

- Bar - Mr Fog's Gin Parlour
- Walk to Covent Garden and stop by – Laduree and pick up some Macaroons
- Restaurant - Clos Maggiore

Sunday:

Lunch Soho:

- Restaurant - Blacklock (great Sunday roast)

Or

- Restaurant - The Social Eating House (for something a little more high end)

Drink at American bar at Zedel's Brasserie

Dinner Mayfair:

- Restaurant - Sexy Fish

Or

Dinner Marylebone:

- Restaurant - Chiltern Firehouse

HAPPY TRAVELS